



BELLA DEA

Spray tan preparation

48 hours prior to spray tan

- Wax/shave to remove unwanted body hair. This allows pores to close and avoid dotting in pores.

24 hours to your spray tan

- Exfoliate your entire body with a soft exfoliant or add Epsom salt to a hot bath and soak for 20 minutes. Use an exfoliating mitt to then gently remove away dead skin cells.
- Be very thorough in places where there is a buildup of dead skin like elbows, knees and ankles.

12 Hours to spray tan

- Have a warm shower or bath, washing with a soft cloth using a soap that doesn't contain a lot of moisturizers. Do not apply body oils or moisturizers to your skin, nor make up and deodorant.

On the day of spray tan – Very important

- Wear loose dark clothing to and from your spray tan appointment to avoid excessive skin contact and visual rub off of the spray tan
- Tie your hair up and away from your face and neck
 - Remove jewelry, clothing and shoes
- Girls – Will be tanning nude (optional)
- Men – Will be tanning with a sock

After your treatment

- Do not shower nor bath.
- Do not shave for 24 hours after your tan.
- Do not apply body oils or moisturizers to your skin, nor make up and deodorant in preparation of your bronzer spray tan the following day.

On the day of the competition

- Wear loose dark clothing or a silk gown to your spray tan appointment to avoid excessive skin contact and visual rub off of the spray tan
- Tie your hair up and away from your face and neck
 - Remove jewelry, clothing and shoes
- Girls – Will be tanning nude (optional)
- Men – Will be tanning with a sock

